

## 2019 Tournament Competition/Seminar Calendar

STC members are required to participate in tournaments for specific belt rank promotions. To check your belt rank curriculum requirements, go to [www.sacramentotaekwondo.com](http://www.sacramentotaekwondo.com) Click on the member's log-in button then promotion requirements button. Updates to this calendar will be available through 2019 at [www.sacramentotaekwondo.com](http://www.sacramentotaekwondo.com)

- February 2**                    **Sparring: STC vs. Monticello Academy**  
2450 Natomas Park Drive  
Sacramento, CA 95833  
For: Selected Yellow-Blue Belt Children  
Registration Forms will be distributed in STC classes
- Feb 28-Mar 3**                **US Open Taekwondo Championships**  
Las Vegas, Nevada  
For: Black Belts/All Ages  
Online Registration: [www.usa-taekwondo.us/](http://www.usa-taekwondo.us/)
- March 9**                        **Sacramento Taekwondo Club Poomsae Seminar**  
2450 Natomas Park Drive  
Sacramento, CA 95833  
For: Selected Blue-Red-Black Belts/All Ages  
Registration Forms will be distributed in STC classes
- April 5-7**                       **California State Taekwondo Championships**  
**For All Belt Ranks/All Ages who want to qualify for national championships**  
Fresno Convention Center  
Online Registration: [www.usa-taekwondo.us/](http://www.usa-taekwondo.us/)
- April TBA**                      **Children's Self-Defense Seminar**  
For STC Members/Family/Friends
- May 25/26**                      **Stanford University Taekwondo Spring Open Invitational**  
Maples Pavilion, Stanford University  
For: All Belt Ranks/All Ages  
Online Registration: [tkd.stanford.edu/](http://tkd.stanford.edu/)
- June 28-July 4**                **USA Taekwondo National Championships**  
Minneapolis, Minnesota  
For All Competitors who qualified at a USAT National Qualifier  
Online Registration: [www.usa-taekwondo.us/](http://www.usa-taekwondo.us/)
- Oct TBA**                         **UC Davis Fall Open**  
University of California Davis  
For All Belt Ranks/All Ages
- OCT TBA**                        **50<sup>th</sup> UC Open Taekwondo Championships**  
University of California, Berkeley  
For: All Belt Ranks/All Ages